

Registration Details

Bride's Full Name: _____

Address: _____

City/State/Zip: _____

Home Phone: _____

Work Phone: _____

Cell Phone: _____

E-Mail: _____

Age: ☐ <29 ☐ 30-40 ☐ 40-50 ☐ 50+

Children? _____

First Marriage _____

Church Now Attending _____

Groom's Full Name: _____

Address: _____

City/State/Zip: _____

Home Phone: _____

Work Phone: _____

Cell Phone: _____

E-Mail: _____

Age: ☐ <29 ☐ 30-40 ☐ 40-50 ☐ 50+

Children? _____

First Marriage _____

Church Now Attending _____

Seminar Preference (Please check the appropriate line)

☐ September 10, 2016 ☐ May 20, 2017

☐ February 4, 2017 ☐ September 16, 2017

Wedding Date/Location _____

*Detach this form and return to: First Methodist Houston,
Premarital Wedding Seminar, Attn: Susie Horr, 1320 Main St.,
Houston, Texas 77002.*

Registration will close 2 weeks prior to each workshop. There will be a fee of \$100.00 a couple to attend if you are not getting married at one of our campuses.

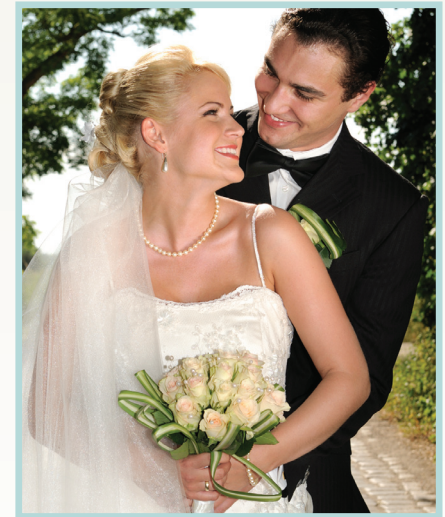
For more information call Susie Horr, 832-668-1821 or e-mail shorr@fmhouston.com.

Please bring a jacket; it might be cold in the facility!



First Methodist Houston
Downtown Campus
1320 Main Street
Houston, Texas 77002

After the
honeymoon is
over, be sure you
have the tools to
make it last.



Building A Solid Foundation
Premarital Workshop

firstmethodist

H O U S T O N

Premarital Workshop

Nothing is more inspirational than uniting two unique personalities in holy matrimony. Unfortunately all too often, those unions end in divorce. BUILDING A SOLID FOUNDATION is a premarital workshop designed to help couples make a successful transition from me to we. A healthy relationship benefits from such preventative care courses.

BUILDING A SOLID FOUNDATION is open to couples marrying at First Church, as well as the community at large that wish to take the time to develop skills prior to marriage.

TOPICS

GOD'S DESIGN FOR MARRIAGE

This section helps couples start building a solid foundation by laying out God's purpose for marriage. It will also discuss the difference between a marriage contract and a covenant, as well as give concrete ways to sustain your foundation.

FOCCUS INVENTORY

Each individual will take the FOCCUS Inventory, a scientifically developed questionnaire assessing your relationship strengths and growth areas. After the tests are scored and analyzed, the reports are sent back, and a session is set up with each couple to review the results privately.

MYTHS OF MARRIAGE

During this session, we will explore the reasons marriages fail. Next we look at the expectations we bring to a marriage and how our upbringing influences the way we view the institution of marriage. These expectations will ultimately determine the ease or difficulty of marital adjustment.

COMMUNICATION SKILLS

Basically, this session is designed to help you become more understanding and be better understood. You will identify your communication style and learn tips to effectively communicate.

CONFLICT RESOLUTION

The exercises in this section help you recognize the negative consequences of criticism, defensiveness, and avoidance. With these issues aside, you will learn how to "fight a good fight" and be able to positively resolve conflicts and compromise without resentment.

FINANCIAL PARTNERSHIP

Explore the importance of setting short- and long-range goals together in this area of the workshop. Study the principles that lead to financial freedom and review the guidelines for setting a budget with God in mind.

PHYSICAL AND SPIRITUAL INTIMACY

Discover God's blessing of marriage through genuine intimacy and sexuality. The worksheets will help you explore your own attitudes and expectations toward sexuality and make suggestions on how to improve your sexual health.

MARRIAGE WITH A MISSION

The last session will determine what story you want your marriage to take. It will end with the signing of the Marriage Preservation Covenant.

SCHEDULE

The seminar is held all day Saturday from 8:30 am to 5 pm. It is being offered three times a year: January, April, and September. Use the attached registration form to pre-register (required). This workshop includes snacks, lunch, FOCCUS Inventory, and class materials. Once registered, you will receive a confirmation letter with complete details.

Seminar cost is included in your wedding fee if getting married at either Downtown or Westchase.

WEDDING POLICY

This seminar is open to any couple planning to marry or newly married (24 months or less), within the greater Houston area interested in building a successful marriage. Couples planning to be married at either campus of First Methodist Houston are required to satisfy the following alternatives for premarital preparation:

- Attend BUILDING A SOLID FOUNDATION seminar, and
- Meet with the minister officiating their wedding to become acquainted and discuss the specific plans of their ceremony.

