

HAITI RELIEF

Health Kit

Value: \$12 per kit



First Methodist Houston is working in partnership with United Methodist Committee on Relief (UMCOR) and Christian Alliance for Humanitarian Aid to respond to the disaster in Haiti.

Christian Alliance for Humanitarian Aid is providing two mobile medical containers to be sent to Haiti. Please drop your health kits off at the mobile medical containers by **Sunday, January 24.**

KIT CONTENTS

Place these items inside a sealed one-gallon plastic bag.

- 1 hand towel (15" x 25" up to 17" x 27", no kitchen towels)
- 1 washcloth
- 1 comb (large and sturdy, not pocket-sized)
- 1 nail file or fingernail clippers (no emery boards or toenail clippers)
- 1 bath-size bar of soap (3 oz. and up)
- 1 toothbrush (single brushes only in original wrapper, no child-size brushes)
- 1 tube of toothpaste
- 6 adhesive plastic strip sterile bandages

Important Kit Assembly Information

- All items included in kits must be NEW items.
- All emergency kits are carefully planned to make them usable in the greatest number of situations. Since strict rules often govern product entry into international countries, it is important that kits contain only the requested items—nothing more.
- Do NOT include any personal notes, money or additional materials in the kits. These things must be painstakingly removed and will delay the shipment.

You can also financially give to Haiti relief efforts
online at fmhouston.com.

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